



Crary Shoes

Portland's Premier Pedorthic Facility

Made in USA

[www.craryshoes.com](http://www.craryshoes.com)

## CONTACT INFORMATION

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PORTLAND, OR 97220

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Meredith Johanson, *Certified Pedorthist & Owner*  
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## Products & Services Offered

**We are a full service Pedorthic facility. All of our custom products, repairs & modifications are done in our factory located in Portland, OR**

- **Diabetic Section:**
  - A5500 Diabetic Extra Depth Shoes
  - A5501 Diabetic Custom Diabetic Shoes
  - A5513 Custom Diabetic Molded Orthotic
  - A5503 Rocker Bottom Sole
  - A5504 Shoe Wedge
  
- **Extra Depth Shoes/ Over the Counter/NON-DIABETIC**
  - L3221 Orthopedic Mens Shoes,
  - L3222 Orthopedic Mens Shoes or Hightop
  
- **Custom Boots or Shoes**
  - L3230 Custom Orthopedic Boots or Shoes
  - L3250 Orthopedic Footwear, Custom Molded Shoes, Prosthetic Shoes
  
- **Custom Orthoses**
  - L3000- UCBL
  - L5000 Partial Foot/ Shoe Insert / TMA
  - L3020 Custom Molded Orthotic
  - L3002 Plastazote Molded Insert
  - L3480 Orthotic Plate Accommodation
  
- **Modification/ Repairs**
  - L2999 Miscellaneous Modification
  - L3310 Lift, elevation heel and sole (per inch)
  - L3320 Shoe lift elev heel/sole
  - L3340 Shoe wedge sach
  - L3370 Wedge
  - L3390 Outflare Wedge
  - L3400 Metatarsal Bar, Rocker
  - L3410 Metatarsal bar (between sole)
  - L3420 Full Sole Wedge, Between Sole
  - L3430 Shoe heel counter plastic reinforce
  - L2360 Extended Steel Shank
  - L3649 Non specified Modification
  
- **AFO Brace**
  - L1902 Foot/ Ankle Gauntlet
  - L1904 Molded Ankle Gauntlet- custom fabricated
  - L1940 AFO, Plastic or other material, custom fabricated
  - L1970 One hinged ankle custom AFO
  - L2275 Varus/ Valgus Control
  - L2280 Molded Inner Boot
  - L2330 Lacer molded to patient (or velcro closer)
  - L2820 Softer Interface



## FOOT COMPLICATIONS AND PROPOSED SOLUTIONS

Questions? Call 503.253.8984 or email [Meredith@craryshoes.com](mailto:Meredith@craryshoes.com)

DM = Diabetes Mellitus ND = Non Diabetic

### Toe Ulcer (PLANTAR)

- 1) Therapeutic shoes and custom molded orthotics with toe offload
  - a. A5500 (DM shoes) and A5513 (DM inserts)
  - b. L3221 (ND) and L3020 (ND)
- 2) Drill out inside of the shoe for pressure relief
  - a. A5507 (DM shoe mod) or L3480 (ND depression in shoe)
- 3) Toe only rocker bottom
  - a. A5503 (DM rocker sole) or L3410 (ND rocker sole)

### Toe Ulcer (DORSAL)

- 1) Therapeutic shoes w/ lycra (stretchy) vamp
  - a. A5500 (DM shoes) or L3221 (ND shoes) OR...
- 2) Custom molded shoes with extra depth built in
  - a. A5501 & A5513 (DM custom shoes and orthotics)
  - b. L3230 & L3020 (ND custom shoes and orthotics)

### Metatarsal Ulcer

- 1) Therapeutic shoes and custom molded orthotics with metatarsal pad and orthotic offload
  - a. A5500 or A5501 and A5513 or L3020
- 2) Toe only rocker bottom or negative heel rocker
  - a. A5503 (DM rocker sole) or L3410 (ND rocker sole)
- 3) Drill out the inside of shoes for additional pressure relief

### Heel Ulcer (PLANTAR)

- 1) Therapeutic shoes and custom molded orthotics with toe offload
  - a. A5500 (DM shoes) and A5513 (DM inserts)
  - b. L3221 (ND) and L3020 (ND)
- 2) Drill out inside of the shoe for pressure relief
  - a. A5507 (DM shoe mod) or L3480 (ND depression in shoe)

### Heel Ulcer (POSTERIOR)

- 1) Therapeutic shoes and inserts with plastazote donut or relief channel
  - a. A5500, A5513 and A5507
  - b. L3221, L3020 and L3649

### Charcot (MILD)

- 1) Therapeutic shoes and custom molded inserts
  - a. A5500 and A5513 (DM)
- 2) Heel to toe or double rocker sole (A5503)

## **Charcot (SEVERE)**

- 1) Custom molded shoes including inserts, rocker sole and and outsole flare
  - a. A5501, A5503, A5513 and A5506
- 2) Possible custom ankle foot orthotic (AFO)
  - a. L1940, L2330 and L2820

## **Toe Amputations**

- 1) 1<sup>st</sup> or 5<sup>th</sup> Ray Amputation
  - a. Molded shoe insert with toe filler (L5000)
  - b. Therapeutic shoes
    - i. A5500 (DM) or L3221 (non-DM)
  - c. Possibly a rocker sole
    - i. A5503 (DM) or L3410 (non-DM)
- 2) Transmet Amputation
  - a. Molded shoe insert with toe filler (L5000)
  - b. Therapeutic shoes OR...
    - i. A5500 (DM) or L3221 (non-DM)
  - c. Custom molded shoes
    - i. A5501 (DM) or L3230 (non-DM)
  - d. Possibly a rocker sole
    - i. A5503 (DM) or L3410 (non-DM)